



Welcome

Welcome to your *Family Discipleship Guide*! This tool is designed to help you set intentional goals for your family's spiritual growth throughout the year. Display it in a central location to keep these goals front and center as you grow in faith *together*.

1. CHOOSE A FAMILY VERSE

As a family, pick a Bible verse to be your guiding theme for the year. Write it in the "Our Family Verse" section. This verse can be a source of encouragement and a reminder of God's promises throughout the year.

Ideas:

- Make your family verse into a piece of artwork and display it in your home all year long.
- Break the verse into small sections and memorize it together over the course of the year.

2. SET DISCIPLESHIP GOALS

Use this section to write specific discipleship goals for your family. These might include Bible reading, prayer times or memorizing Scripture together. Consider goals that are realistic but also help your family members stretch and grow in their faith.

Ideas:

- Read the Bible each Saturday night by candlelight to prepare for your Sunday service.
- Help your kids create a "prayer corner" or "prayer chair" and prepare a basket with a Bible, journal, pens and markers to place in their space.
- Consider setting a single goal to work toward with each child in your family.

- **Grant (12 years old):** Read through the whole Old Testament together.
- **Harper (7 years old):** Understand prayer and why we pray.
- **Mia (3 years old):** Learn and share the story of creation.



3. CELEBRATIONS & HOLIDAYS

Whether it's a birthday or anniversary, holiday or family gathering, or even developing rites of passage to celebrate together, your family can be intentional about discipleship!

Ideas:

- Make it a regular habit to pray blessings over your children! Use each family member's birthday as a time to reflect on God's faithfulness during the past year and pray for God's blessing for the following year. Write out your blessing and give it to them as a way to commemorate their birthday.
- Decide which Christian church holidays you want to intentionally celebrate this year, and choose which discipleship practice you'll use to help make them special. If you are part of a church community that celebrates additional church feast days, list them here and record how you want to celebrate them!
- Develop rites of passage you can celebrate with each child. You can give them their first "big kid" Bible when they learn to read, have a cookout and prayer gathering with their mentors when they start high school or invite all of their Sunday School teachers and youth group leaders to a party when they graduate.

4. SERVING OTHERS

Use this section to think about how your family can bless others this year. Reflect on how you can create a culture of service in your family this year by using your time, talents and finances to bless others.

Ideas:

- Encourage friends and family with a home-cooked meal. Create a menu and corresponding grocery list for your "go-to" meal and add it to the "notes" section of your phone so you can quickly access it when needed.
- Serve together at church by greeting new attendees, playing in the worship band or serving during Vacation Bible School.
- Research ways your family can serve others with your finances. What local, regional or global ministry is your family passionate about?



INSTRUCTIONS

Remember! Everyday moments are moments that matter. Bike rides, family hikes and drives to see Christmas lights. Ice cream sundaes, game nights and carpool conversations. **These are all opportunities for discipleship!**

A FEW TIPS:

PRAY TOGETHER:

Before filling out the planner, pray as a family and ask God to guide your goals and plans.

GET YOUR KIDS' INPUT:

Your kids can help select a family verse, choose a charity to serve with or pick a fun family activity!

CHECK IN REGULARLY:

Place this planner on your refrigerator or a visible spot in your home. At the end of each month, take a few moments to review your progress. Celebrate what went well and make adjustments as needed.

REFLECT

Use this space to reflect on ways your family is already intentional about discipleship and brainstorm new ideas you would like to implement this year.



To find family discipleship resources throughout the year, visit ChildDiscipleship.com/Parents





Family Verse:

Zephaniah 3:17 The Lord your God is among you,
 a warrior who saves. He will rejoice over you with
 gladness. He will be quiet in his love. He will delight
 in you with singing.

DISCIPLESHIP GOALS:

Grant: Read through the entire Old Testament Together

Harper: Understand prayer and why we pray. Begin a
 regular prayer rhythm.

Mia: Learn and share the story of creation.



CELEBRATIONS & HOLIDAYS

BIRTHDAYS & CELEBRATIONS

Grant: Carowinds Day Trip with a friend.

Harper: Fancy Nancy-inspired tea party.

Mia: Park date with preschool besties.

CHURCH HOLIDAYS

- Advent: Intentionally disciple kids from Thanksgiving to Christmas with weekly activities pointing us to Christ.
- Holy Week/Easter: walk through Christ's final week on earth.

rites of passage

Grant - Intentionally walk through Holy Sexuality and engage with Axis resources. Attend middle school confirmation/theology class at church.

Harper: Purchase a journal for her prayer times, teach her how to light the Sabbath candles, and discover why baptism is important to our faith.

Mia: Lead our mealtime prayers.



OPPORTUNITIES TO SERVE

WITH OUR TIME

- Invite friends over for dinner once every month.
- Serve on the welcome team at church.
- Help our elderly neighbor with his yard maintenance.

WITH OUR TALENTS

- Join the meal ministry team.
- Serve monthly in our children's ministry.

WITH OUR FINANCES

- Choose three nonprofits to donate \$500 to within the calendar year.
- Give Christmas presents to teens who have aged out of the foster system.
- Regularly give to our church.



Family Verse:

DISCIPLESHIP GOALS:



CELEBRATIONS & HOLIDAYS

BIRTHDAYS & CELEBRATIONS

rites of passage

CHURCH HOLIDAYS



OPPORTUNITIES TO SERVE

WITH OUR TIME

WITH OUR TALENTS

WITH OUR FINANCES
